

# North Carolina Senior Tar Heel Legislature



**PRESS RELEASE:** *FOR IMMEDIATE RELEASE*

Media Contact: Allison Brown, Chair, NCSTHL Public Relations Committee

Email: [katbrown1029@gmail.com](mailto:katbrown1029@gmail.com) Mobile: 336-940-8185

## **NC Senior Tar Heel Legislature Inducts Dr. Amy Lock as Alternate for Carteret County**

April 8, 2022 – Raleigh, NC

At its first General Session of 2022, the North Carolina Senior Tar Heel Legislature inducted local resident Dr. Amy Lock as alternate for Carteret County.

Dr. Amy Lock is a proven leader and gerontology specialist who makes her home in Emerald Isle, North Carolina. She served in the corporate arena in marketing communications and digital operations for twenty-five years before entering the field of gerontology.

Lock holds a Bachelor's Degree with honors in Communications from the University of North Carolina at Wilmington and a Master of Science in Management from Pfeiffer University. In 2021 she completed her PhD in Gerontology & Leadership from Concordia-Chicago.

Lock entered the field of gerontology when she became her mother's healthcare advocate during acute and chronic illness, which resulted in a year-long rotation through emergency departments, hospital, rehab, skilled nursing, then finally, hospice. This was the catalyst that inspired Dr. Lock to open an in-home eldercare agency in 2015, working with elder individuals and their families to optimize living at home for as long as possible. She provided live-in care for her father for two years before he passed away at age 92. Her experience as a hands-on care provider and an in-home eldercare agency owner has given Dr. Lock a deep inside perspective on the struggles, frustrations, and emotions of familial caregiving. Her passion is helping families navigate the challenges associated with an aging family member or friend as a gerontology coach.

Community involvement includes serving on the Carteret County Aging Planning Board and the Carteret-Craven Utility Board of Directors.

Lock's addition to the NCSTHL will give her a powerful platform to work towards improving the quality of life for older adults not only in Carteret County, but across the entire state. She welcomes opportunities to speak with residents, stakeholders, and community groups in the county in support of her role as an advocate for older adults.

For more information, contact Dr. Amy Lock at [amy@amylock.com](mailto:amy@amylock.com) or 252-622-9361. Additionally, visit [ncseniortarheellegislature.org](http://ncseniortarheellegislature.org) or contact Allison Brown, NCSTHL Public Relations Chair, [katbrown1029@gmail.com](mailto:katbrown1029@gmail.com) or 336-940-8185.

About the NC STHL: The North Carolina Senior Tar Heel Legislature was created by the North Carolina General Assembly with the passage of Senate Bill 479 in July of 1993. Its purpose is to identify the most pressing issues facing older adults across the state and propose to the NC General Assembly legislation that will improve their quality of life. It is comprised of delegates and alternates representing each of North Carolina's 100 counties, supported by the area agencies on aging of the state's sixteen service areas.

Please visit the Eastern Carolina Council of Governments Area Agency on Aging for additional resources at this link: <https://eccog.org/area-agency-on-aging/>.

**North Carolina  
Senior Tar Heel Legislature**



Amy Lock, MS, PhD, NCSTHL Alternate, Carteret County

#