

North Carolina Senior Tar Heel Legislature



PRESS RELEASE: *FOR IMMEDIATE RELEASE*

Media Contact: Allison Brown, Chair, NCSTHL Public Relations Committee

Email: katbrown1029@gmail.com Mobile: 336-940-8185

NC Senior Tar Heel Legislature Appoints Gayla Woody as Delegate for Gaston County

April 1, 2022 – Raleigh, NC

At its first General Session of 2022, the North Carolina Senior Tar Heel Legislature recognized local resident Gayla Woody as delegate for Gaston County.

Woody is a retired professional who served in the field of aging for over thirty years. She was the director of Centralina Area Agency on Aging for thirteen years after working with the area agency and the Gaston County Department of Aging. She holds a Bachelor's of Education from Florida State University and a Master's of Education from Presbyterian School of Christian Education. Woody was certified as a director of Christian Education and worked in the field for about five years.

Woody says, "I am very excited to have the opportunity to work in advocacy for older adults." Working for many years in advocacy with Centralina Area Agency on Aging, Woody also served over eight years on the board of the National Association of Area Agencies on Aging. As an advocate on the national level, she spoke before the US Senate's Committee on Aging. She also served over ten years on the Southeastern Association of Area Agencies on Aging. As a NC representative, she worked with seven other states coordinating advocacy efforts on the behalf of older adults.

"I am so honored", says Woody, "to have been awarded the NC Order of the Long Leaf Pine in recognition of my work with older adults. There is much work to be done on behalf of older adults and I look forward to continuing this work with the NC Senior Tar Heel Legislature."

Linda Miller, Director of Centralina Area Agency on Aging, says "Woody's appointment to NC STHL gives her a renewed opportunity to continue her advocacy on behalf of older adults in Gaston County. With energy and enthusiasm, she will welcome any opportunity to talk with individuals, stakeholders and community groups about issues concerning older adults."

For more information, contact Gayla Woody at chiefs1974@aol.com or 704-860-1513. Additionally, visit ncseniortarheellegislature.org or contact Allison Brown, NCSTHL Public Relations Chair, katbrown1029@gmail.com or 336-940-8185.

About the NC STHL: The North Carolina Senior Tar Heel Legislature was created by the North Carolina General Assembly with the passage of Senate Bill 479 in July of 1993. Its purpose is to identify the most pressing issues facing older adults across the state and propose to the NC General Assembly legislation that will improve their quality of life. It is comprised of delegates and alternates representing each of North Carolina's 100 counties, supported by the area agencies on aging of the state's sixteen service areas.

Please visit the Centralina Council of Governments Area Agency on Aging for additional resources at this link: <https://centralinaaging.org/>.

**North Carolina
Senior Tar Heel Legislature**



Gayla Woody, Gaston County Delegate, NC Senior Tar Heel Legislature,

#